

A top-down view of a wooden desk. In the upper left, a white coffee mug is filled with dark coffee. In the lower right, another white coffee mug is also filled with dark coffee. A smartphone with a white case is in the bottom left corner. A yellow and teal pen lies diagonally across a notebook with a blue floral pattern. A white earbud is visible near the top of the notebook. The background is a light-colored wooden surface with vertical grain.

how to start a

podcast club

RISEN MOTHERHOOD

HOW TO START A

Podcast Club

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At Risen Motherhood, we want to encourage you to think about motherhood and the gospel for yourself – knowing that with growth in your Christian walk, transformation in your motherhood is always possible.

But learning and growing in gospel-thinking takes practice. While reading and listening to people talk about biblical things can help in becoming more fluent in the gospel, it's also profitable to sit down and bounce ideas off other women who are striving for the same thing.

The first and best place to grow in your walk is always through reading and studying scripture. As we learn to love what God loves and understand his character, purposes and plans for ourselves and all of creation, our lives are transformed more into the image of Christ. Studying the Bible directly is the best way to increase your understanding and ability to identify false teaching and errors from fallible humans. (Even us at RM!) Before you engage in anything else, we encourage you to get involved in a Bible study through your local church or community. If there isn't one available, you can start one yourself. (To make it easy, we have a whole handbook on starting one, it's super simple)

From there, we've found immense help in applying the things we're learning through scripture and other avenues (like podcasts!) in discussions with other people who are pursuing Christ alongside us. Stopping to think a more deeply, pausing to ask more questions, and spending time looking intentionally at ways a new idea or teaching can be applied, can help solidify the concepts so you can grow in motherhood.

One great way to do this is through a podcast club. Starting a podcast club is simple, it's just like a book club, but you discuss a podcast instead.

In this guide, we'll walk you through a few quick ways to get started.

Community

First off, gather your group. This might be a handful of women from church, a mix of believers and non-believers from your neighborhood, women across the nation (or world!), or even just one close friend. It doesn't have to be a certain size, and you certainly don't all have to look alike. Getting a good mix of backgrounds, lifestyles, and perspectives will foster interesting conversation and challenge your natural tendencies and ways of thinking.

Communication

It's amazing how many ways there are to connect with others – and with the internet, we can easily chat with women from around the world anytime we wish. Here are a few quick ideas for vehicles to foster the discussion, but don't be limited by these, get creative for whatever works best for the makeup of your group!

- **In a home:** Get comfortable through meeting at someone's home with childcare in the basement, or leave kids at home with a family member or sitter.
- **Out and about:** Sometimes, it's nice to just get out of the house. Meet up at a coffee shop, the local library, a fun restaurant, or even see if your church has open space you can reserve.
- **Video call:** Perfect if your group isn't local, or even if you have a group of moms that can't get away from sleeping babies. A couple that we frequently use are Google Hangouts or FaceTime.
- **Voxer:** This is an app you can download to your phone and it's basically a sophisticated walkie talkie. You leave messages for one another, sort of like a simplified answering machine, and the other person gets back to you when they have time. You can also text and share photos through the app. You can talk with one person or a whole group of people at one time – and it even has a hands-free mode so you can share your thoughts while changing a diaper.
- **Facebook Group:** Facebook makes it easy to connect with women around the world, and it's nice to be able to share it at your leisure, add links to thoughtful supporting content or even share pictures of your application in action.
- **Email:** We're going to assume you know how to work an email address. Start up a group email chain and swap ideas.



**AS A NEW CREATION IN CHRIST, YOU ARE NEVER
A VICTIM TO YOUR PERSONALITY, YOUR SINFUL
TENDENCIES, OR YOUR CURRENT SKILL SET.**

You can always change because you are in Christ. Discussing challenges, personalities, desires, and decisions with others who are pursuing biblical living will help you to grow in grace and walk in Christian freedom.



Consistency

Mom-life is always a little unpredictable, but as much as you can, it's always good to have a little consistency. Especially if you have in-person meetings, it's helpful to know when and how often you'll meet (After each podcast is released? Every other week? Whenever you have a time online?) so each person can plan ahead and make sure it works with their family's needs.

Content

To make things easy for you, the Risen Motherhood team has developed a set of questions for you to go deeper with each episode, linked in the Show Notes. If you're not familiar with Show Notes, these essentially a blog post that includes a link to the show's audio, transcript, and the discussion questions, an overview of the episode's content, and it offers links to additional resources related to that week's show topic. You can find these on our website at www.risenmotherhood.com/podcast.

We started implementing discussion questions into our Show Notes on episode 74, but don't let that stop you from going back to the podcast archives on our website to discuss the old shows. While we don't have specific questions developed for shows 73 and before, at the end of this guide we've included a handful of general questions that will work for any show, and don't be shy about creating your own!

At the end of this guide, we've also included several collections of past shows that are related by topic and would be good for a Podcast Club discussion over a six to eight week period. You'll find all shows at the link mentioned above, and there's a search bar at the top to make each show easy to find with a simple key word.

Quick tip: Often, it's helpful to the women in your group if one person is committed to sending out that week's show and questions for discussion ahead of time so everyone is on the same page.

Carrying It Out

Hopefully, through meeting with others and discussing the shows, women leave each conversation with a deeper understanding of God's will for them in motherhood, and practical ideas about how that might play out in their unique circumstances. Now comes the hard part, actually implementing some of those concepts to motherhood!

Quick tip: Consider sending out a follow-up email with highlights from the discussion to recap and remind the women what they learned about who God is and how that impacts motherhood. Or, take time at your next meeting to have women share ways that God worked in their lives during the time away, presenting opportunities to dig these truths deeper into their lives through practice.



AS YOU LISTEN TO THE SHOW, GROW IN YOUR OWN WALK AS A BELIEVER, AND DISCUSS THE PODCAST WITH OTHER WOMEN, YOU WILL BEGIN TO THINK THROUGH THE LENS OF THE GOSPEL UNTIL IT BECOMES SECOND NATURE.

With a small bit of planning and organization, you can easily gather together a group of women to take the Risen Motherhood podcasts much further than a quick listen as you apply the truths you're learning to the everyday, mundane moments of your motherhood, you can live freely in light of redemption.



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General Discussion Questions

We hope these questions serve as a general starting point for discussing any of the RM episodes. Starting at episode 74, the RM Team developed discussion questions specific to each episode. To find them, head to the Show Notes at www.risenmotherhood.com/podcast.

1. Each episode of the podcast explores the biblical storyline of creation–fall–redemption–restoration. No matter the topic, we can remember God’s intended design, see how our own sin affects our lives today, look to Christ as our ultimate example of perfection, and look to our future hope no matter what we experience in our lives today. How does today’s episode topic fit in this storyline?
2. The only way to know God’s design and will for our lives is through studying the Bible. How are you investing in Bible study, and how is God growing your understanding of his commands as you spend time in his word?
3. While God is still doing good work in each of us, we’re not perfect. Our sin causes frustrations, difficulties, and problems when we disregard God’s design for life. Before we place the blame on others for their part, we should do a heart check on ourselves. What do your frustrations reveal about what you are worshiping? Do you have any expectations that either contradict or are not based on God’s design?
4. When we deserved judgment for our sins, we received unearned favor from God through Jesus. His death on the cross for our debt is our ultimate example of grace, and God continue to offer us grace in every moment of every day. In what ways have you seen God show grace in your daily life recently? How can you give this same unearned favor to others?
5. No matter how many times we fail, there is enough grace in the gospel of Christ to forgive us fully. We are free to try again immediately. What specific truths from scripture can you reference and remember to renew your thinking on this topic? How does God encourage and uplift you from his word?

Show Collections for Discussion

While many people choose to discuss the most recent show at their Podcast Club, you may also enjoy going back into our archives (www.risenmotherhood.com/podcast) to discuss a series of related shows. Feel free to come up with a list of shows that interest you, or below you'll find a handful of related shows that we've put together for discussion related by topic:

Community & Friendship

[Ep. 69 | Loving The Difficult Mom In Your Life](#)

[Ep. 65 | Finding Your True Tribe: Momma, Who Is Your Primary Community](#)

[Ep. 53 | Discerning Truth In A World Full of Mom Advice](#)

[Ep. 43 | Serving Others Right Where You're At](#)

[Ep. 38 | Friendship and Motherhood](#)

[Ep. 10 | When You Feel Alone](#)

[Ep. 55 | Hospitality In the Little Years](#)

Marriage

[Ep. 05 | Marriage & Motherhood](#)

[Ep. 68 | How Can Mom Support Dad Spirituality \(Jerrad Lopes\)](#)

[Ep. 62 | When Your Husband Works Long Hours](#)

[Ep. 35 | Putting Your Marriage First: Give Him More Than The Leftovers](#)

[Ep. 28 | On the Same Team: Getting On The Same Page As Parents](#)

[Ep. 14 | How Mom Can Help Dad Invest In The Family's Faith](#)

Biblical Literacy

[Ep. 51 | Family Devotions In the Season of Young Children](#)

[Ep. 79 | She Reads Truth: God's Word Everyday In Every Season](#)

[Ep. 67 | 8 Reasons The Old Testament Should Matter To Moms](#)

[Ep. 63 | Jen Wilkin: Growing In God's Word As A Mom of Little Ones](#)

[Ep. 15 | When Quiet Times Aren't Quiet: How Moms Make Time To Study God's Word](#)

Hot Topics

[Ep. 09 | Social Media, Comparison, and Motherhood](#)

[Ep. 75 | Grandparents & The Gospel: Approach Them With Grace](#)

[Ep. 74 | Grandparents & The Gospel: Why Do Grandma and Grandpa Get Under Your Skin](#)

[Ep. 57 | How Discipline Helps Us Communicate The Gospel](#)

[Ep. 65 | Finding Your True Tribe: Momma, Who Is Your Primary Community](#)

[Ep. 71 | Mom Bods and The Gospel](#)

[Ep. 56 | Feeding Our Families and The Gospel](#)

[Ep. 47 | Facing The Cold And Flu Season With Grace](#)

[Ep. 16 | When The World Is Scary: Mothering In Faith Not Fear](#)

[Ep. 13 | Breastfeeding & Bottlefeeding: How The Gospel Changes The Conversation](#)

